

SALUTE TO INDEPENDENCE

Featuring:

Salute to the Soldiers



Fireworks show planned in Okeechobee

Special to the Lake Okeechobee News

OKEECHOBEE — Independence Day is Saturday and the Okeechobee Fraternal Order of Police (FOP) is excited to again provide a free fireworks display for the residents of Okeechobee County. This is an opportunity to celebrate our country's freedom while also reflecting on the sacrifices of those people who make that freedom possible.



Lake Okeechobee News/Katrina Elsen
OKEECHOBEE — The Okeechobee community fireworks show will take place at the Okeechobee Agri-Civic Center off State Road 710 on July 4. Gates open at 7:30 p.m. The fireworks show will start at 9 p.m. Spectators are asked to stay in their vehicles or with their vehicles, to maintain the social distancing required to reduce the spread of the COVID-19 virus. If you want to park with someone else, meet elsewhere and carpool together.

FOP invites the community to join them Saturday, July 4, at the Okeechobee County Agri-Civic Center for this celebration. Safety must always be the No. 1 priority, and organizers have another variable to deal with this year.

Due to the recent spike in COVID-19 cases in and around Okeechobee County, the decision has been made to not include the festivities inside the arena at the Okeechobee County Agri-Civic Center during this year's Independence Day celebration. However, they will still be present an amazing fireworks display at the ag center, choreographed by Zambelli Fireworks International and presented by Florida Public

Utilities Co.

Gates to the ag center will open at 7:30 p.m. and the show will start at approximately 9 p.m., based on weather and light conditions. The show will again be tied to music and broadcast on WOKC 100.9 FM and 1570 AM.

Organizers currently anticipate both the State Road 70 and SR 710 entrances to be open. For safety reasons, attendees will not be permitted to line up at the entrance to the ag center or along the shoulder of the road while awaiting the gates to open at 7:30 p.m. Parking will be on a first-come, first-served basis, and holding spaces or occupying large areas will

not be permitted, again for safety reasons. If you want to socialize with certain groups, it is recommended you meet elsewhere and "convoy" to the facility together so you can park together. Once parked, spectators are asked to stay in or with their vehicles in order to maintain 6 feet of social distance from others. These rules are for your safety and enjoyment, as well as all those around you.

If you have any questions, please reach out to the event coordinators, Michael Hazellief at 863-532-0646 or J.D. Mixon at 863-800-0196.

PBC beaches closed for July 4th weekend

By Chris Felker

Lake Okeechobee News

WEST PALM BEACH — Beaches along the entire Palm Beach County Atlantic coastline will be closed for the Fourth of July weekend by executive action of County Mayor Dave Kerner, announced on Sunday night, June 28.

It already had been announced that Atlantic beaches farther south, in Broward, Miami-Dade and Monroe counties, would be closed for the Fourth of July holiday weekend, so bigger crowds even than usual on local beaches were expected.

This closure comes on the heels of the Palm Beach County Commission's action last week to mandate the wearing of facial masks countywide in public places by everyone except those medically advised not to wear one. The order was clarified on Friday, June 25, to specify that houses of worship were not exempt, and that it applied in all areas of the county,

including inside all municipalities. The county's declaration of a state of emergency also was extended until July 3.

Mayor Kerner also announced the formation of a first-in-the-nation COVID-19 Education Compliance Team. The county's announcement on its website at discover.pbc.org says that it "is comprised of representatives from state and local agencies including the Palm Beach County Sheriff's Office, Palm Beach County Code Enforcement and Fire Rescue, the Florida Department of Health-Palm Beach County and police departments from Boca Raton, Boynton Beach, Delray Beach, Jupiter, Palm Beach Gardens, West Palm Beach and Palm Beach. Team members will proactively conduct spot inspections of local businesses and public venues, noting where masks are not being worn and/or social distancing is not being consistently practiced."

The county also mailed two face masks free to the address of every single and family house-

hold in Palm Beach County.

As to enforcement, a summary of the County Emergency Order 2020-12 says: "The Sheriff of Palm Beach County, other law enforcement agencies and any other personnel authorized by law are authorized to enforce this order. Authorized personnel may issue civil citations for fines not to exceed \$250 for the first violation and \$500 for each additional violation."

Palm Beach County also is making available Homebound Resident Testing for coronavirus:

"Residents eligible for the new testing option include homebound elderly or individuals with disabilities who are experiencing symptoms of COVID-19 and cannot leave their homes to access one of the drive-up or walk-up test collection sites. Residents who believe they are eligible for the in-home testing option should call 561-712-6400 for a pre-qualifying assessment. The testing line is open from 8 a.m. to 5 p.m. Monday through Friday."

Los Cocos
Mexican Restaurant

Closed for Vacation
 We will Re-open July 28th
 Take care of each other and
 Stay Safe Okeechobee!
 Thank you for all your support!!
 -Los Cocos Staff

Happy **INDEPENDENCE DAY**

Check for Daily Specials
NEW Craft/IPA Beers

PIZZA HEAVEN

**Tuesday-Saturday
 11AM-8PM
 CLOSED SUNDAY**

**Closing at 3PM
 Saturday for July 4th
 weekend
 Thank you for your business!**

208 S. Parrott Ave. • Okeechobee • 863.763.9929

Keep fireworks away from local beaches

Bursts of color and noise can wreak havoc on nesting birds



Special to the Lake Okeechobee News/
William Dix

Least tern

sion, birds panic and fly from their nests, scattering the chicks and exposing them to danger until their parents return. For this reason, it is better to attend a municipal firework show vs. deploying store-bought fireworks on the beach.

To make matters worse, debris left from the fireworks litter our beaches and near-shore waters and can be easily mistaken for food by sea turtles and other marine animals. Hungry chicks can nibble on plastic refuse, ingesting some of the smallest pieces.

Audubon Florida works on multiple fronts to protect nesting birds during the

Special to the Lake Okeechobee News

TALLAHASSEE — Independence Day is cause for remembrance and celebration. Unfortunately, people's celebratory fireworks can actually frighten local birds to death.

This year, pounding waves during Tropical Storm Cristobal wiped out sea and shorebird nests up and down the Gulf Coast of Florida. As a result, many black skimmers, least terns, snowy plovers and Wilson's plovers have re-nested — just in time to hatch chicks for the Fourth of July. These young birds are especially vulnerable to both disturbance and predators.

"This has already been a tough year for beach-nesting birds," says Marianne Korosy, Ph.D., director of bird conservation for Audubon Florida. "If we can share the shore and give sea and shorebirds their space, this second round of chicks could be the difference between a successful and failed nesting season."

Audubon Florida urges you to let the birds nest in peace by not deploying personal fireworks on the beach. As entertaining as beachside fireworks shows are to people, the bursts of color and noise wreak havoc on coastal birds — especially for nesting species. After each fireworks explo-



Special to the Lake Okeechobee News/Robert Blanchard

American oystercatcher

summer, and especially during busy holiday weeks.

On this Independence Day, enjoy the local community's fireworks display and leave personal fireworks at home. More suggestions for protecting birds on the beaches include:

- Pay attention to signs and barriers and walk safely outside the roped-off sections of beach.
- Keep your pups on a leash, or take

them to dog-friendly designated beaches.

- Notify beach stewards if you see eggs or nests outside the roped-off area.
- Dispose of trash in designated receptacles to keep the beaches clean.
- If you see a beach steward, ask questions! We love talking about Florida's native bird species.

Are you interested in volunteering to protect these birds over the holiday weekend? Email flconservation@audubon.org.

Central Florida's largest authentic old time flea market

Over 150 year round vendors on 22 acres

3 Restaurants

BBQ - Mexican - Home Style

It's a new treasure hunt each week!

Look for the covered wagon and patriotic horse!



(863) 467-6639

Open Sat/Sun 8-3

3600 Hwy 441 South, Okeechobee



Anderson
REALTY CO.

Vicki S. Anderson,
Licensed Real Estate Broker
Vice President, Okeechobee Board of Realtors

863.634.4106 • Vic_Anderson@earthlink.net

Serving **ALL** Your
Real Estate Needs

30034 E. SR 78,
Okeechobee, FL 34974

For all of our listings, please visit
www.AndersonRealtyCo.com

Leave the fireworks to the professionals



Special to the Lake Okeechobee News

The National Safety Council advises Americans to enjoy fireworks at public displays conducted by professionals if possible. If you do opt to buy your own fireworks, take care to follow safety directions.

Special to the Lake Okeechobee News

The National Safety Council advises everyone to enjoy fireworks at public displays conducted by professionals, and not to use any fireworks at home. They may be legal, but they are not safe.

In 2017, eight people died and over 12,000 were injured badly enough to require medical treatment after fireworks-related incidents. Of these, 50% of the injuries were to children and young adults under age 20. Over two-thirds (67%) of injuries took place from June 16 to July 16. And while the majority of these incidents were due to amateurs attempting to use professional-grade, homemade or other illegal fireworks or explosives, an estimated 1,200 injuries were from less powerful devices like small firecrackers and sparklers.

Additionally, fireworks start an average of 18,500 fires each year, including 1,300 structure fires, 300 vehicle fires and nearly 17,000 other fires.

If consumer fireworks are legal to buy where you live and you choose to use them, be sure to follow the following safety tips:

- Never allow young children to handle fireworks;
- Older children should use them only under close adult supervision;
- Never use fireworks while impaired by drugs or alcohol;
- Anyone using fireworks or standing

nearby should wear protective eyewear;

- Never hold lighted fireworks in your hands;
- Never light them indoors;
- Only use them away from people, houses and flammable material;
- Never point or throw fireworks at another person;
- Only light one device at a time and maintain a safe distance after lighting;
- Never ignite devices in a container;
- Do not try to re-light or handle malfunctioning fireworks;
- Soak both spent and unused fireworks in water for a few hours before discarding;
- Keep a bucket of water nearby to fully extinguish fireworks that don't go off or in case of fire; and
- Never use illegal fireworks.

Every year, young children can be found along parade routes and at festivals with sparklers in hand, but sparklers are a lot more dangerous than most people think.

Sparklers burn at about 2,000 degrees — hot enough to melt some metals. Sparklers can quickly ignite clothing, and children have received severe burns from dropping sparklers on their feet. According to the National Fire Protection Association, sparklers alone account for more than 25% of emergency room visits for fireworks injuries. For children under 5 years of age, sparklers accounted for nearly half of the total estimated injuries.



Eli's

WESTERN WEAR, Inc.

907 NW PARK ST
OKEECHOBEE, FL 34972
863-763-2984

www.eliswesternwear.com



HAPPY
FOURTH
OF JULY!

We will be **CLOSED**
on July 4th!



Eli's

TRAILER SALES, LLC.

908 NW PARK ST
OKEECHOBEE, FL 34972
863-467-4620

www.elistrailersales.net



Honoring our nation's bravest for their service and sacrifice.



In honor of
Ezekiel David Bianchini
 Airman Ordinance 1st Class
 US NAVY

Our son has been serving in the Navy for 17 years on numerous missions defending our country.

-Nicholas and Birdie Bianchini



In honor of
Brett Bridges
 75th Ranger Regimen
 US ARMY VETERAN

Thank you for your service!

Love, your family



In honor of
Juan P Cisneros, Jr.
 Chief Petty officer
 US NAVY

We are very proud of you, son, for serving and protecting our country!



In honor of
Jonathan Folbrecht
 US ARMY VETERAN

We love you!! We couldn't be more proud of you for serving our great country and for continuing to serve and protect our community!! Thank you for your service!! Love always, Kasey, Nichole, Jonathan and Jachin

Heartland Discount Pharmacy

"Caring Beyond Prescription"

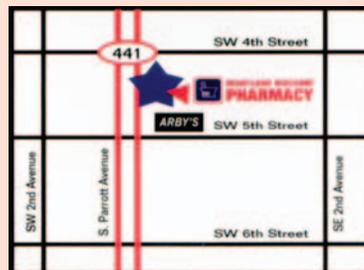
Full Service Retail Pharmacy
Your Neighborhood Pharmacy Where Customer Service & Personal Attention are Our #1 Priorities



Get to know your neighbor.

863.763.7633
407 S. Parrott Ave • Okeechobee
 Next to Arby's on 441

EXTENDED HOURS:
 Monday-Friday 8am - 8pm • Sat. 9am - 5pm



Tired of Waiting?

The Fastest, Most Convenient & Friendliest Service in the Area!

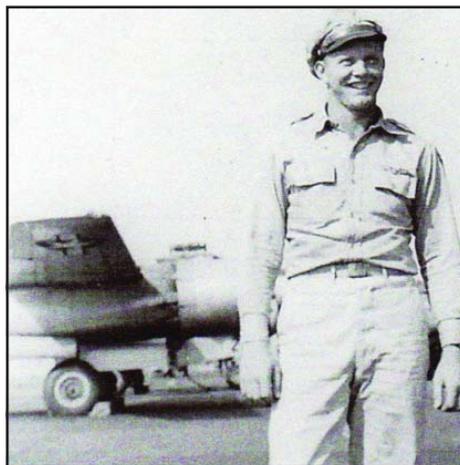




In honor of
Raymond (Skip) Hines
Submariner
US NAVY VETERAN

Thank you for your service.

Love you, Ann



In honor of
Pilot Louis E. "Red" Larson
1943 US Air Corps Veteran

Dad, thank you for your service. You have always been a true patriot who loves his country. We are proud to call you our Dad!

Love, Your children Woody, Barbara, Kathy and John



In honor of
George O. Ningard

Proud of our WWII Navy veteran who turns 95 Years YOUNG in August.

Love,
Your daughter,
Kathy Scott



In memory of
Patrick Rix
US ARMY

You will always be my hero. Love you and miss you with all my heart!

Tamara



In honor of
Lcpl Tyler Holley

Thank you for all the sacrifices you make. I am so proud to be your wife!

- Jenn Ehrlich

Happy Independence Day!
Have a safe weekend!



Computer Repair
SURFIN'
THE NET



Your Hometown Computer Specialists

709 N Parrott Ave, Okeechobee

863-763-2045

surfincomputerrepair.com

Happy 4th
of July!

Star-Spangled nom noms

Grill up hot dogs with the works

Backyard barbecues simply would not be the same without hot dogs. While many people may not eat hot dogs during much of the year, come summertime when the grills are fired up, hot dogs take center stage.

Hot dogs make great additions to backyard barbecues because they can be tinkered with to provide a host of different flavors. Those who really want their hot dogs to pack a flavorful punch can try the following recipe for 'Hot Dogs Stuffed with the Works' from Andrew Schloss and David Joachim's "Mastering the Grill" (Chronicle Books).

Hot Dogs Stuffed with the Works

Makes 6 servings

2 teaspoons spicy brown mustard
2 tablespoons ketchup
1 cup refrigerated sauerkraut, drained, rinsed and coarsely chopped
4 large hot dogs, such as knockwurst
½ ounce cheddar cheese, cut into 4 small sticks
4 slices bacon
Oil for coating grill screen
4 long hot dog buns or small sub rolls, split

The Grill

Gas: Direct heat, medium high (425 F to 450 F); Clean, oiled grate

Charcoal: Direct heat, light ash; 12-by-12-inch charcoal bed (about 3 dozen coals); Clean, oiled grate on lowest setting

Wood: Direct heat, light ash; 12-by-12-inch bed, 3 to 4 inches deep; Clean, oiled grate set 2 inches above the fire

1. Heat the grill as directed.



2. Mix the mustard, ketchup and sauerkraut in a small bowl.

3. Slit the hot dogs lengthwise, forming a deep pocket end to end in each one. Fill the pockets halfway with the sauerkraut mixture. Put a stick of cheese in the center of each and top with the remaining sauerkraut mixture. Wrap a bacon slice around each hot dog to hold it together, and secure the ends of each bacon strip with wooden toothpicks.

4. Put the grill screen on the grill and coat it with oil. Wait a minute or two, until the surface is hot. Grill the hot dogs until the bacon is cooked through and the hot dogs are browned on all sides, about 2 minutes per side.

5. To toast the buns, put them cut-sides down directly over the fire for the last minute of cooking. Serve the hot dogs on the buns.

Cool off with homemade ice cream

Ice cream is an indulgence few people can resist. With a vast array of flavors to tempt any palate, ice cream is popular year-round, but particularly so when the mercury rises. Few desserts can cap a hot day better than a few scoops of thick and frosty ice cream.

The supermarket freezer case or a local ice cream shop may offer plenty of ice cream options, but ice cream also can be prepared at home with some patience and quality ingredients. This recipe for Meyer Lemon-Buttermilk Ice Cream marries the chill of ice cream with summer citrus. A Meyer lemon is a hybrid of a lemon and a mandarin orange, offering a unique balance of citrus flavor. Enjoy this recipe, courtesy of "Chocolate Obsession: Confections and Treats to Create and Savor" (Stewart, Tabori & Chang) by Michael Recchiuti & Fran Gage.

Meyer Lemon-Buttermilk Ice Cream

Makes 1 quart

¾ cup (6 ounces) heavy whipping cream
2/3 cup granulated cane sugar, divided into halves
2 Meyer lemons, (1 zested and both juiced to equal 3 tablespoons fresh lemon juice)
½ Tahitian vanilla bean, split horizontally
1/3 cup whole milk
6 extra-large egg yolks
1¼ cups (10 ounces) buttermilk, chilled

Stir the cream and 1/3 cup of the sugar together in a small saucepan. Finely grate the zest from the lemon into the pan. (The lemon can then be juiced as part of the 3 tablespoons fresh lemon juice.) Scrape the vanilla seeds from the bean into the pan and then add the bean. Bring the cream to a boil over medium heat. Turn off the heat, cover the top of the pan with plastic wrap, and let cool to room temperature. Transfer to a bowl, cover, and refrigerate overnight.

The next day, strain the cream through a fine-mesh sieve and return to the



saucepan. Add the milk. Bring to a simmer over medium heat.

While the cream mixture is heating, combine the egg yolks and the remaining 1/3 cup sugar in the bowl of a stand mixer fitted with the whip attachment. Beat on medium-high speed until the mixture is pale and thick and forms a ribbon when the whip is lifted from the bowl, 3 to 5 minutes.

Switch the mixer to low speed. Slowly pour the hot cream mixture into the bowl and beat just until combined. Do not beat to a froth.

Return the mixture to the saucepan and cook over medium heat, stirring constantly, until the custard coats a spoon and registers 160 F on an instant-read thermometer, about 5 minutes.

Pour through the fine-mesh sieve into a bowl. Cover the bowl and refrigerate the custard overnight.

The next day, add the buttermilk and lemon juice to the custard and stir to mix. Churn the custard in an ice-cream maker according to the manufacturer's instructions.



M & M Auto Brokers, Inc.

3565 Hwy 441 North • Okeechobee
(863) 763-0330 • Cell (954) 214-8877

**This Independence Day,
we salute all soldiers,
current, veteran
& fallen.**

**Go see Mitch! He's a sweetheart guy
and he'll work with you!**



Keep pets safe this Fourth of July

News from the ASPCA

Special to the Lake Okeechobee News

For many people, nothing beats lounging in the back yard on the Fourth of July with good friends and family — including furry friends. While it may seem like a great idea to reward your pet with scraps from the grill and bring him along to watch fireworks, in reality some festive foods and activities can be potentially hazardous to him. The ASPCA Animal Poison Control Center offers the following tips:

- Never leave alcoholic drinks unattended where pets can reach them. Alcoholic beverages have the potential to poison pets. If ingested, the animal could become very intoxicated and weak, severely depressed or could go into a coma. Death from respiratory failure is also a possibility in severe cases.

- Do not apply any sunscreen or insect repellent product to your pet that is not labeled specifically for use on animals. Ingestion of sunscreen products can result in drooling, vomiting, diarrhea, excessive thirst and lethargy. The misuse of insect repellent that contains DEET can lead to neurological problems.

- Always keep matches and lighter fluid out of your pets' reach. Certain types of matches contain chlorates, which could potentially damage blood cells and result in difficulty breathing — or even kidney disease in severe cases. Lighter fluid can be

irritating to skin, and if ingested can produce gastrointestinal irritation and central nervous system depression. If lighter fluid is inhaled, aspiration pneumonia and breathing problems could develop.

- Keep your pets on their normal diet. Any change, even for one meal, can give your pet severe indigestion and diarrhea. This is particularly true for older animals who have more delicate digestive systems and nutritional requirements. And keep in mind that foods such as onions, chocolate, coffee, avocado, grapes, raisins, salt and yeast dough can all be potentially toxic to companion animals. Please visit our People Foods to Avoid Feeding Your Pets page for more information.

- Do not put glow jewelry on your pets, or allow them to play with it. While the luminescent substance contained in these products is not highly toxic, excessive drooling and gastrointestinal irritation could still result from ingestions, and intestinal blockage could occur from swallowing large pieces of the plastic containers.

- Keep citronella candles, insect coils and tiki torch oil products out of reach. Ingestion can produce stomach irritation and possibly even central nervous system depression. If inhaled, the oils could cause aspiration pneumonia in pets.

- Never use fireworks around pets! While exposure to lit fireworks can potentially result in severe burns and/or trauma to the face and paws of curious pets, even

unused fireworks can pose a danger. Many types contain potentially toxic substances, including potassium nitrate, arsenic and other heavy metals.

- Loud, crowded fireworks displays are no fun for pets, who can become fright-

ened or disoriented by the sound. Please resist the urge to take them to Independence Day festivities, and opt instead to keep them safe from the noise in a quiet, sheltered and escape-proof area at home.



Special to the Lake Okeechobee News/Glades County Animal Control

Pets need homes

MOORE HAVEN — Glades County Animal Control has pets available for adoption. For information, call 863-946-0771.

Thank You Okeechobee

Noel Stephen

As of Friday, June 12, 2020 at 12:00 p.m. I became the first Unopposed Sheriff in Okeechobee County History. I am humbled and honored to remain your Sheriff for another four years. I promise and obligate, your Sheriff's Office, to continue our positive growth and forward motion to better service our communities. I will always be available to anyone who may have any ideas, comments or suggestions just stop by the Office or give me a call.

Again,

"Thank You" for this prestigious honor!!!



Political advertisement paid for and approved by Noel Stephen, Republican, Sheriff of Okeechobee County.

“Caring Beyond Prescription”

Heartland Discount Pharmacy

Full Service Retail Pharmacy

**WE PROMISE TO PROVIDE QUALITY
SERVICE AT LOWEST PRICES**



Get to know
your neighbor.

*Your Neighborhood Pharmacy Where Customer
Service & Personal Attention are
Our #1 Priorities*

**It's time to change
your pharmacy**



**OUR GOAL IS TO MAKE HEALTHCARE
MORE AFFORDABLE**

Here is how we are different...

Does Your Pharmacy accommodate your special needs?

**Does Your Pharmacy keep your prescriptions up to date with
refills & stock status etc?**

**Does your Pharmacist have spare time to discuss your
health?**

**Does Your Pharmacy have time to find ways to save you
money on your prescriptions?**

**Does Your Pharmacy handle SPECIALITY PRESCRIPTIONS
and On Demand COMPOUNDING?**

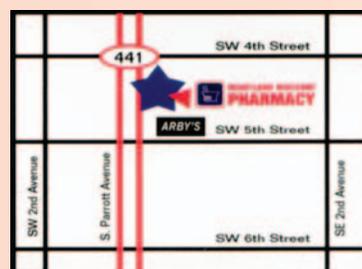
**PHARMACY THE WAY
IT'S SUPPOSED TO BE**

- ◆ **Best cash price in town**
- ◆ **FREE** same day home delivery
- ◆ We help patients not to fall into Medicare coverage gap or donut hole
- ◆ We match all Competitors' Generic Prescription Drug Programs
- ◆ We Accept All Insurances including Medicaid, Medicare, Part D and Worker's Compensation
- ◆ Flu and Pneumonia shots available
- ◆ Now providing non-sterile RX Compounding

863.763.7633

**407 S. Parrott Ave
Okeechobee
Next to Arby's on 441**

EXTENDED HOURS:
Monday-Friday 8am - 8pm • Sat. 9am - 5pm



Tired of Waiting?

**The Fastest, Most Convenient
& Friendliest Service
in the Area!**

Other
Pharmacies

